# **MONTROSE CARE HOME**

WATFORD, HERTFORDSHIRE



**Montrose** is an impressive purpose-built traditional style care home, situated on a quiet residential road in the exclusive Nascot Wood area. The home is within easy reach of the town centre and close to the beautiful Cassiobury parklands and Whippendell Woods.



See the quality BSM Care engagement and wellbeing lifestyle for yourself...







BOM E S

T: 01923 804337 | E: montrose@bmcare.co.uk | W: www.bmcare.co.uk Montrose Care Home, 95 Langley Road, Watford, Hertfordshire, WD17 4PE



#### The Care We Offer:

- Fully inclusive, 24hr person centred care by experienced staff
- Long term residential care for older people
- Long term specialist dementia care in a safe,
- engaging environment designed using our Rose Model of Dementia Care
- Short stay, respite and holiday breaks (subject to availability).

#### **Facilities:**

- 50 shower en-suite rooms Cinema
- TV points in all rooms
- Telephone, internet & SKY TV available by arrangement
- Rooms can be personalised
- Call bell system for assistance at any time
- Two lifts
- Assisted bath and shower
  Hand-built cottage for rooms
- Choice of resident and visitor lounges
- Garden conservatory lounge
- Games room

- Fully inclusive dining in a choice of dining areas
- · Fully inclusive in-house laundry
- Hair and Treatment Salon
- Activities Suite
- · Easy access to private landscaped garden, with gazebos and patio areas
- visits and activities
- GP, district nurse, optician, chiropodist, dentist by appointment
- Car transport for trips out.

Our skilled chefs regularly create new, varied menus featuring delicious, nutritionally balanced meals. Dining is inclusive to all dietary needs or preferences, and a range of choices is provided. Residents can decide to enjoy their meals in our comfortable dining rooms, or in the privacy of their own room. We ensure refreshments and snacks are always available, 24/7.

### **Lifestyle and Activities:**

We create a safe, stimulating environment where the highest standards of care are provided. Our aim is always to promote, encourage and maintain a resident's independence and quality of life. We facilitate an active, social lifestyle - with community, friends and families always welcome. Our dedicated Engagement Leads organise varied social calendars for events and entertainment, in groups and individually. Every resident experiences meaningful occupation, designed around their personal wishes and preferences.



### The Staff:

- · Select team of experienced, professional staff
- Our staff training programmes are industry-envied, particularly our expert dementia care training
- Appropriate ratios of staff both day and night
- Emphasis on individually planned care
- Staff are always person centred, advocating for independence and providing 24/7 support.

#### **How To Find Us:**

- For satnav use postcode WD17 4PE
- From M25, exit J19 onto A411 Hempstead Road and follow for 2km towards Watford, taking a left turn onto Langley Road. The road bears right around a bend and Montrose will appear on your right.

## To Arrange a Viewing or For Further Information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact us using the details below.



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